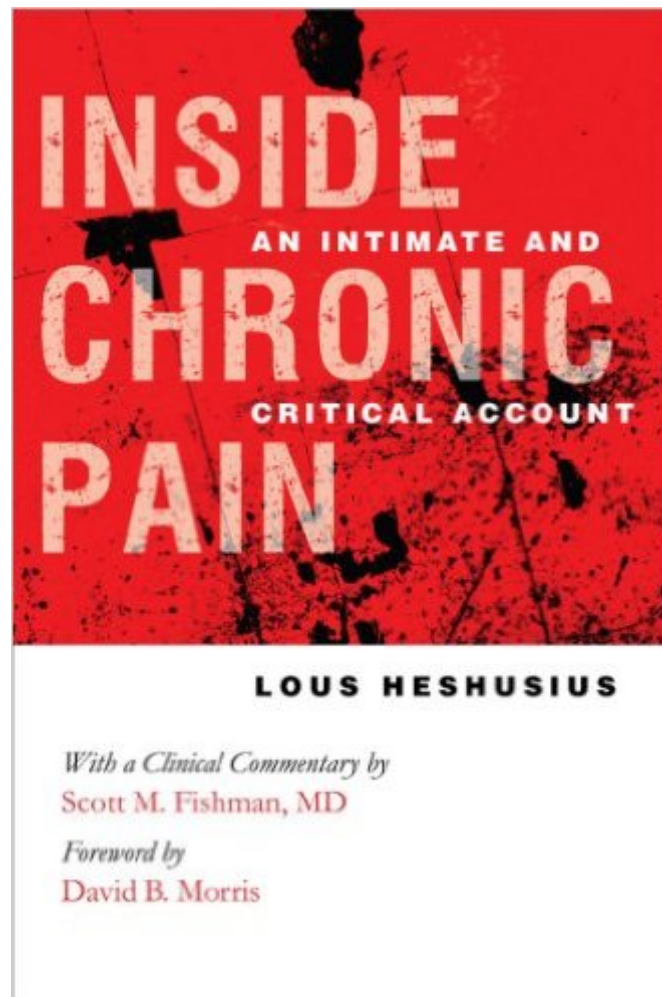


The book was found

Inside Chronic Pain: An Intimate And Critical Account (The Culture And Politics Of Health Care Work)



Synopsis

Chronic pain, which affects 70 million people in the United States alone-more than diabetes, cancer, and heart disease combined-is a major public health issue that remains poorly understood both within the health care system and by those closest to the people it afflicts. This book examines the experience of pain in ways that could significantly improve how patients and practitioners deal with pain. It is the first volume of a new collection of titles within the acclaimed Culture and Politics of Health Care Work series called How Patients Think, intended to give voice to the concerns of patients about their own medical care and the formulation of health policy. Since surviving a near-fatal car accident, Lous Heshusius has suffered from chronic pain for more than a decade, forcing her to give up her career as a professor of education. Inside Chronic Pain, based in part on the pain journal Heshusius keeps, is a stunning memoir of a life lived in constant pain as well as an insightful and often critical account of the inadequacies of the health care system-from physicians to hospitals and health insurance companies-to understand chronic pain and treat those who suffer from it. Through her own frequently frustrating experiences, she shows how health care providers often ignore, deny, or incorrectly treat chronic pain at immense cost to both the patient and the health care system. She also offers cogent suggestions on improving the quality and outcome of chronic pain care and management, using her encounters with exceptional medical professionals as models. Inside Chronic Pain deals with pain's dramatic and destructive effects on one's sense of self and identity. It chronicles the chaos that takes place, the paralyzing effect of severe pain, the changes in personality that ensue, and the corrosive effects of severe pain on the ability to attend to day-to-day tasks. It describes how one's social life falls apart and isolation takes over. It also relates moments of happiness and beauty and describes how rooting the self in the present is crucial in managing pain. A unique feature of Inside Chronic Pain is the clinical commentary by Dr. Scott M. Fishman, president of the American Pain Foundation. Fishman has long tried to improve the lives of patients like Heshusius. His medical perspective on her very human narrative will help physicians and other clinicians better understand and treat patients with chronic pain.

Book Information

File Size: 613 KB

Print Length: 199 pages

Publisher: ILR Press; 1 edition (September 15, 2013)

Publication Date: September 15, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B00GD6GH48

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,109,212 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #39

inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments >

Chronic Pain #197 inÂ Kindle Store > Kindle eBooks > Medical eBooks > Pharmacology > Pain

Medicine #217 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Chronic

Pain

Customer Reviews

It is rare that I have read a book that has truly changed my clinical practice. "Explain Pain" was one that changed my understanding of pain. "Inside Chronic Pain" has taken me far beyond this, to greater understanding of the person in pain. Had you asked me before reading this book if I felt I had a good understanding of the experiences of people in pain, I would have said yes. Had you asked me whether I thought I needed to change the way I listen to, and talk with people in pain, I would have said something like, "Of course, we can always learn to be better", though I would have wondered about how much better I could get at this. I know that sounds arrogant, but I felt I worked hard at these skills conscientiously. My answers to these questions would be very different now. After reading the book, I am listening to my patients in a new, more circumspect and even more compassionate way. I also find myself choosing different words now when explaining pain to people in pain. Words that relate to both the pain and the person. The changes I've experienced also extend into how I am teaching other health care professionals. The impact on those in recent courses can be summed up by the words of one participant, who told me that he has always been proud of treating the pain well, and now he knew he needed to treat the person in pain just as much. I don't think I would have been as successful in helping create this new view without the wisdom I gained reading Lous' narrative. All this is to say, please read this book. I hope you will share it with your patients, to help them realize they are not as alone as they feel. I hope you will share it with their families so they can grasp even more the impact of the pain on their loved-one's life.

[Download to continue reading...](#)

Inside Chronic Pain: An Intimate and Critical Account (The Culture and Politics of Health Care Work) The Caring Self: The Work Experiences of Home Care Aides (The Culture and Politics of Health Care Work) Wrist Pain, Neck Pain - Lower Back Pain - Should Treatments Be Focussed Only To The Area That Hurts?: A Comfortable Healthy Sleep Without Neck Pain And ... Neck Pillow, (Children health care Book 1) Phantom Billing, Fake Prescriptions, and the High Cost of Medicine: Health Care Fraud and What to Do about It (The Culture and Politics of Health Care Work) Defeat Chronic Pain Now!: Groundbreaking Strategies for Eliminating the Pain of Arthritis, Back and Neck Conditions, Migraines, Diabetic Neuropathy, and Chronic Illness Brain Inflammation in Chronic Pain, Migraine and Fibromyalgia: The Paradigm-Shifting Guide for Doctors and Patients Dealing with Chronic Pain (Inflammation Mastery & Functional Inflammation) The Better Bladder Book: A Holistic Approach to Healing Interstitial Cystitis & Chronic Pelvic Pain[THE BETTER BLADDER BOOK: A HOLISTIC APPROACH TO HEALING INTERSTITIAL CYSTITIS & CHRONIC PELVIC PAIN] by Cohan, Wendy (Author) on Nov-09-2010 Paperback Life Without Pain: Free Yourself from Chronic Back Pain, Headache, Arthritis Pain, and More, Without Surgery or Narcotic Drugs MARIJUANA: Guide To Illness And Pain Management (Medical Marijuana, Pain Management, Cannabis, Epilepsy, Cancer Treatment, Chronic Pain) Aha Guide to the Health Care Field 2009 Edition: United States Hospitals, Health Care Systems, Networks, Alliances, Health Organizations, Agencies, ... Association Guide to the Health Care Field) Joint Pain No More: How to Effectively Eliminate Pain and ease your Aches! (Pain Management, Muscle Pain, sports injury) Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) Self-help Treatment for Chronic Fatigue Syndrome, M.E, Fibromyalgia and Adrenal Fatigue: The Sensitive's Solution: FREE Support Group (Chronic Fatigue Syndrome, M.E, Fibromyalgia, Chronic Fatigue) From Silence to Voice: What Nurses Know and Must Communicate to the Public (The Culture and Politics of Health Care Work) The Caregiver: A Life With Alzheimer's, with new material (The Culture and Politics of Health Care Work) Public Health Nursing - Revised Reprint: Population-Centered Health Care in the Community, 8e (Public Health Nursing: Population-Centered Health Care in the Community) Religion and the Specter of the West: Sikhism, India, Postcoloniality, and the Politics of Translation (Insurrections: Critical Studies in Religion, Politics, and Culture) Cats: Cat Care: Kitten Care: How To Take Care Of And Train Your Cat Or Kitten (Complete Guide To Cat Care & Kitten Care With Pro Training Grooming & Nutrition Tips) Orchids Care Bundle 3 in 1, THE NEW EDITION: Orchids + Orchids Care For Hobbyists + Phalaenopsis Orchids Care (Orchids Care, House Plants Care, Gardening Techniques Book 4) Policy & Politics in Nursing and Health Care, 7e (Policy and Politics in Nursing and Health)

